

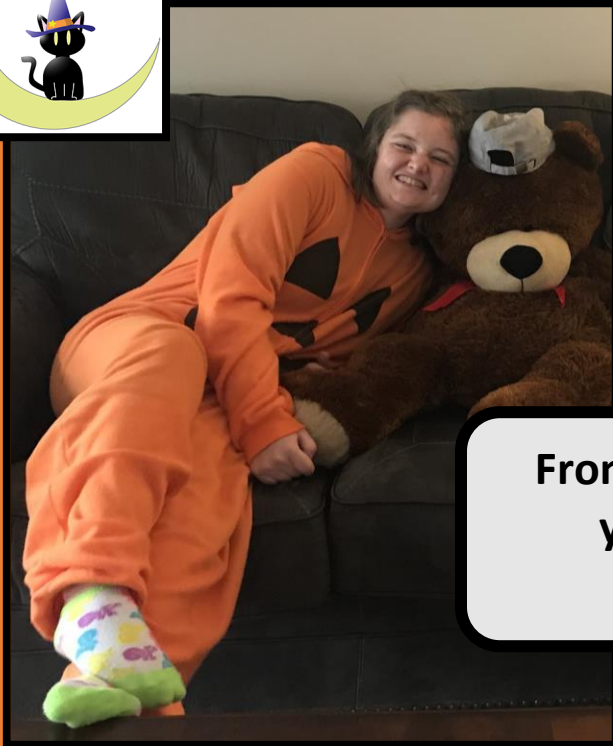


AVEYRON INK

NOVEMBER/DECEMBER 2020
EDITION # 59



EEOC



From all of our Aveyron Homes to yours, wishing you a Happy Halloween!



Outstanding Team Player!



Congratulations to Marisol Maney!

Marisol was nominated for helping out while one of her PC's was on vacation, working extra hours and for going above and beyond at the homes where she works. Thanks for all you do, Marisol!

TEAM AVEYRON!



Please extend a warm welcome to our new staff members:

Karye, Brett, Charvella, Danielle, Katie, Kayla, Samantha, Lisa & Brittany
and welcome back: Terri & Rena

Staff Spotlight!



Riana Klaustermeier, Program Coordinator of our home on Lake St. was recently named Hutchinson Connect's Kind Neighbor honoree. She was nominated for many reasons and one of her neighbors was quoted as saying; "She may well be the kindest, most generous of spirit person I have ever met."

Congratulations Riana for this well-deserved honor!

Nurse's Nook



How to Reduce Stress during the Holidays

The holiday season is almost upon us and so is the stress of holiday worries. Below you will find tips to help reduce your stress during the holidays and hopefully enjoy the time more.

Accept help from others with planning and preparations. Sometimes it's easy for us to get in the rut of doing everything without asking for help. Asking for help will give you more time to enjoy leisure activities.

You know that one hobby you always wanted to start doing? Now is the perfect time to give it a try! Learning new things boosts your mood and helps your memory.

Plan a new family tradition. This year the holidays may be very different because of social distancing and people not wanting to travel or gather like they have done in previous years. While this may be sad for some people, try starting a new tradition. The use of the internet and video chats opens up a lot of new doors for us. Maybe try a virtual scavenger hunt, or mailing small gifts or letters to family members and then try to guess who sent what over video chat. It makes it more fun if you send random things that remind you of that person.

No matter what your holiday season looks like, it is important to find time to relax and to do things that you enjoy!

~ Lindy Soderberg

Pick Your Favorite Pumpkin!



Caroline



Kathy



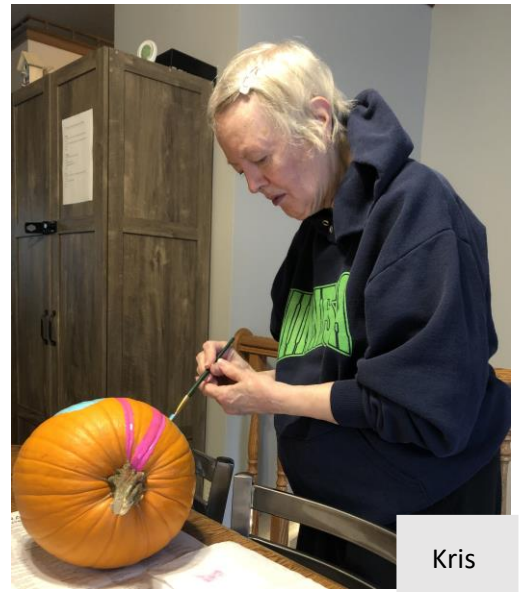
Linda, Teri and Teresa



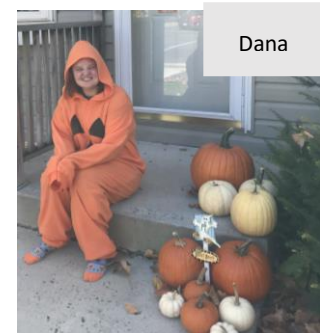
Tammy



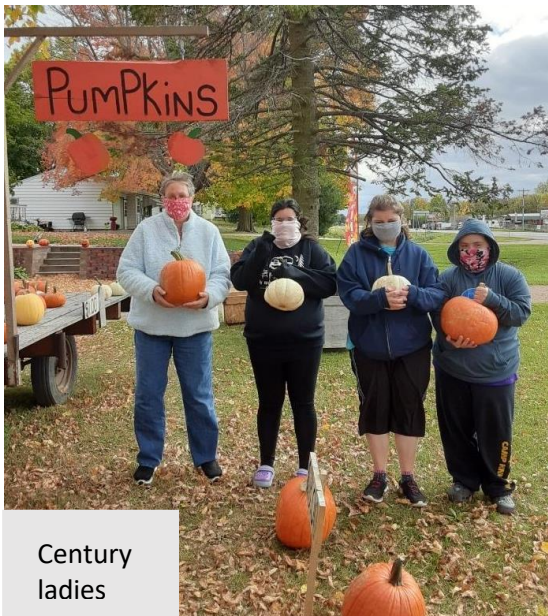
Linda



Kris



Dana



Century ladies

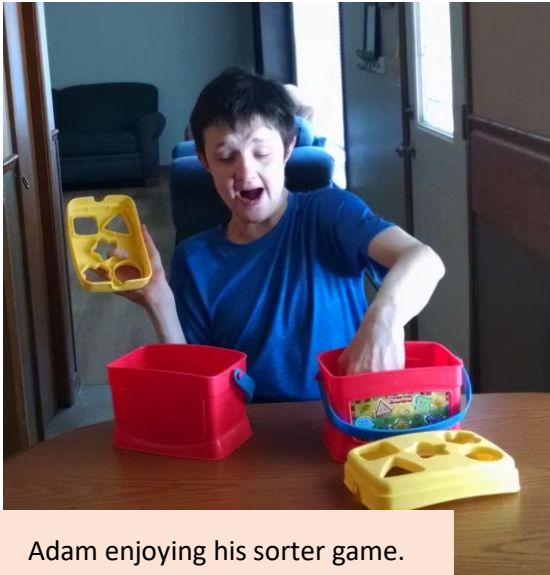


Becky



Darrin

Look what we've been up to!



Adam enjoying his sorter game.



Sally mixing up something special for dessert!



Joan working on an Elvis jig-saw puzzle.



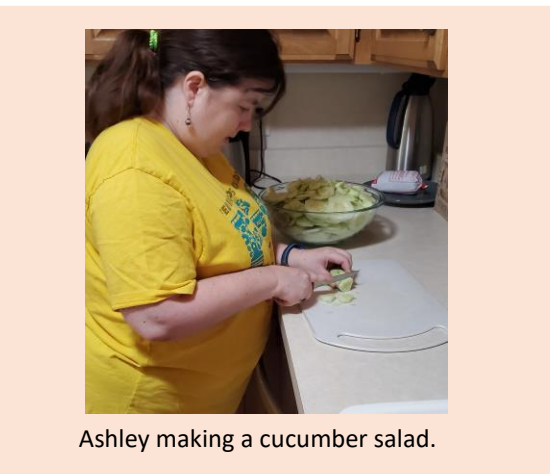
Creating artwork from recycled frames, are Paula, Katie Jo and Dana.



Joan and Sharon are having fun playing Monopoly!



A delicious looking apple pie baked with care by Dana and staff Heather. Yum!



Ashley making a cucumber salad.



ANNOUNCEMENTS



CASTING YOUR VOTE!

Deb is setting a great example, by showing us that she filled out her ballot for this year's important election.

NOVEMBER 3RD IS ELECTION DAY!

GRATEFUL AND THANKFUL

As we approach the Holiday Season, we are reminded of all the things for which we are grateful. Our staff have been amazing as we navigate through this pandemic. We are blessed to have the wonderful support of family and friends. Our clients have remained COVID free and continually show us their resilience and love when it matters most.



Wishing you all a holiday season that brings us together with a common cause of hope for a brighter, safer and more peaceful future!

Happy Birthday!

Karen is celebrating her birthday with a delicious cake!



AVEYRON ADVOCATES

Thanks to all our Aveyron Advocates who have generously given their support over the past year. Many have supported Aveyron since our program started in 2013! Our Advocates' support provides our clients with a variety of activities, including State Fair passes, arts and crafts, movie passes, theatre tickets and sporting events, just to name a few. If you would like to become an Aveyron Advocate please visit our website at www.aveyronhomes.com or call the office at 320-587-6277.

THANK YOU

Newsworthy Notes...

- Aveyron staff that email Julie, (by Nov. 13th) confirming they got a flu shot, will be entered in a drawing for a chance to win a prize.
- PTO hours in excess of the annual limit will be converted to dollars and deposited into individual 401K plans. This is a one-time benefit because during COVID, staff weren't able to take time off as usual.
- \$1 / hour wage increase was given to PC's and DSP's.
- Alan St. home was listed for sale on October 19, 2020.
- Onboarding new employees was successfully moved to our payroll software.