



AVEYRON INK

MARCH/APRIL 2020

EDITION # 55



EEOC

2019 STAFF OF THE YEAR!



Please join us in congratulating Marisol Maney, as she is named Aveyron's 2019 Staff of the Year!

Several staff were nominated and the winning staff of the year was determined by:

- Evaluation score of 3.5 or higher
- Actively employed for a minimum of 2 years
- Works at multiple sites
- Nominated by co-worker

Pictured above, Program Director, Amber Winn, presenting Marisol with her award certificate. Marisol also received a \$100 cash prize!

Outstanding Team Player!



Congratulations to Leonela Balderas!

Leonela was nominated for her willingness to pick up shifts and to adjust her schedule to help out the Osgood home.

Leonela is dependable and a great team player!

Thanks for all you do, Leonela!



Disability Services Day at the Minnesota State Capitol in St. Paul!

Help make our voices heard by attending this year's rally!

Tuesday March 10th – 10a Rally at the Rotunda

We need to make sure our legislators understand the critical issues of preserving access to community-based disability services through competitive wages for DSP's. If you would like to join us or would like more information, please contact Molly at 320-587-6277.

Welcome back!



Please join us in welcoming back **Natalie Reiter** to Aveyron's management team! Natalie was rehired as our Human Resource Manager. Natalie returns to us with many years of experience. She previously worked at Aveyron from 2004 to 2019, most recently as our Human Resource Manager.

Welcome back, Natalie!

TEAM AVEYRON!



Please Extend a Warm Welcome to New Staff Members:

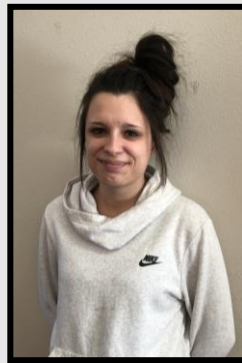
Kris, Sidney, Yusuf, Tyler, Jessica, Mark, Ariana, and Alan

& welcome back to:

Nikki, Shelly, and Levi

We would also like to welcome new client:

Cadi



PROMOTION TO PT PROGRAM DIRECTOR!

We are excited to announce **Alisha Miller's** promotion to part-time Program Director, working with in-home clients. Alisha will also serve as the Program Coordinator at our home on Milwaukee Ave.

Congratulations, Alisha!

Nurse's Nook

Cat Naps Aren't Just for Cats



Studies suggest that taking a 15-20 minute nap daily may reduce your risk of cardiovascular disease and boost your immune system.

Napping can also improve your concentration, memory and feelings of wellbeing.

Being tired can make you more anxious, according to a study from UC, Berkeley. The study claims when people didn't get enough sleep, they show significantly more activity in areas of the brain associated with anxiety. The study warns that sleep-deprived people are at risk for developing an actual anxiety disorder.

~Lindy Soderberg

CLIENT CONNECTIONS



The ladies from Century were anticipating the New Year!



Cheers to 2020!



Made with Love!

Tammy is proudly displaying her baking skills by showing her heart shaped cookies that look delicious!



Valentine Fun!



Jeannie is all smiles as she works on Valentine surprises for her friends.



The Century ladies created some colorful crafts for Valentine's Day!



FEBRUARY - NATIONAL HEART MONTH!



Staff had fun wearing **RED** in honor of National Heart Month!



THE **DIFFERENCE** WE MAKE

A note of Staff Appreciation!

We recently received a nice note from a parent of one of our clients at McDonald Dr. The following is an excerpt:

Our son has been a resident of Aveyron Homes for more years than I can calculate off-hand. Both my wife and I have so appreciated the loving care that he has received these many years. We have told many of the caregivers on multiple occasions before, but want to do so to the top of the organization.

We thank you for your ongoing care and concern for all the clients. We are grateful for you and appreciate your organization and employees. Thank you! Thanks to Nate Snow, Danny, now departed, Deb, Jackie, the Sarah's and all the others!

ANNOUNCEMENTS

AVEYRON ADVOCATES

Thanks to all our Aveyron Advocates who have generously given their support over the past year. Many have supported Aveyron since our program started in 2013! Our Advocate's support provides our clients with a variety of activities, including State Fair passes, arts and crafts, movie passes, theatre tickets and sporting events, just to name a few. If you would like to become an Aveyron Advocate please visit our website at www.aveyronhomes.com or call the office at 320-587-6277.

THANK YOU

CANS FOR CLIENTS!




Don't forget to recycle your cans! There is a designated trailer for cans parked at Aveyron's office (222 5th Ave. NW). Funds will benefit clients and support activities.

Please help us recycle!

Newsworthy Notes...

- The Retention Committee has begun meeting, with hopes of coming up with creative ideas to keep our wonderful staff.
- Aveyron bought a new property on Century Ave. It will be called Century West.
- Our rental property on Northwoods Ave. has a tenant.
- Planning is underway for Aveyron's 45 year anniversary celebration.

 Check us out on Facebook!

Upcoming Events for March and April:

- March 1 – Annual Figure Skating Show, 2p, Burich Arena, \$10 adults, \$6 children
- March 3 - Primary Election - our vote is critically important!
- March 3 – Adaptive Rec Bingo, 7-8:30p, Hutch Event Center, \$5
- March 3 – Registration opens for Adaptive Rec Spring Bowling, call 320-234-5656
- March 7 – Free Family Movie, “Despicable Me 2” @ Century 9 Theatre, 10a
- March 8 – Community Bingo for Seniors, 2-3p, Ecumen Oaks & Pines, 25cents/card, \$1 coverall
- March 10 – Disabilities Day at the Minnesota State Capitol
- March 12,13 – Rummage Sale, St. Anastasia, 8a-6p, most items 50 cents
- March 17 – Adaptive Rec Shamrock Dance, 7-8:30p, Hutch Event Center, \$5
- March 19 - “The Gathering” 6:30-7:30p, Christ the King Church, night of praise & live performances
- March 21 – Hunting & Fishing Expo, 9a-5:30p, McLeod County Fairgrounds, free, donations requested
- March 24 – Community Health Fair, Ridgewater College, 10:30a – 12:30p
- April 4 – Free Family Movie “Peter Rabbit”, Century 9 Theatre, 10a
- April 7 – Adaptive Rec Bingo, 7-8:30p, \$5, Hutch Event Center
- April 12 – Happy Easter
- April 12 - Community Bingo for Seniors, 2-3p, Ecumen Oaks & Pines, 25cents/card, \$1 coverall
- April 17- Crow River Singers Spring Concert, 7p, New Journey UCC, 31 4th Ave. SW, \$8, children free
- April 18 – White goods, hard goods, and electronic pickup in Hutchinson, Curbside by 6a
- April 19 - Crow River Singers Spring Concert, 2-3:30p, Peace Lutheran Church, \$8, children free
- April 21 – Adaptive Rec Rain Dance, 7-8:30p, \$5, Hutch Event Center
- April 23,24,25 – Silver Lake City-Wide Garage Sales



Note: This is just a partial list of the many activities going on during March & April

Contact Sandy, Aveyron's Activity Coordinator, if more information is needed on other & above events:
sandy@aveyronhomes.com